



# FIFO

## First In, First Out

**Rotate** food to prevent foodborne illness and reduce spoilage



<b>FRIDAY</b>	
Vendredi • Viernes	
ITEM: _____	
NAME: _____ QTY: _____	
DATE: _____	<input type="checkbox"/> AM <input type="checkbox"/> PM
USE BY: _____	<input type="checkbox"/> AM <input type="checkbox"/> PM
<small>www.nationalchecking.com</small>	

**Label** all food clearly and use the First In, First Out system

**Store** foods so labels are clearly visible and use products expiring first



**Check** food expiration dates and throw away at or before expiration